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FROM THE EDITOR

ith publication of the December issue, I will end my first year as editor/publisher of the Sandgate, Chermside and Redcliffe Guides. What an amazing journey it has been!

I am blessed to have the support of an amazing sales team, talented graphic designer, writers, photographers and contributors, printers, distributors, loyal advertisers and an amazing local community, all of whom without, the Guides wouldn't happen each month.

So, a HUGE thank you to everyone who has been a part of the success of this year's publications. I am truly looking forward to working with you all next vear!

Our first publication for 2023 will be the February issue. As has been the case in the past, there will be no printed issue for January, but you will be able to find live gigs and events for January in the online 'What's On' pages.

From our families to yours, we wish you a happy and safe Christmas, we hope you have a welldeserved break with family and friends and a prosperous 2023.

Jodie

Contents

- 06 KICKING MAJOR GOALS North Brisbane FC's first ever junior girls' team wins the Football Queensland Metro U15 Division 1 Girls competition.
- 16 BRINGING THE COMMUNITY TOGETHER THIS CHRISTMAS DAY All Saints Anglican Church is hosting a free Christmas Day lunch for those who might be spending the day alone.
- 20 WHAT'S HOT NYE SPECIAL
- 26 THE YEAR OF THE RABBIT More than 1.5 billion people around the world celebrate Lunar New Year, a cultural holiday with traditions that date back thousands of years.
- 36 DINING GUIDE
- 38 WHAT'S ON **DECEMBER Gigs & Events**
- 44 TRADES AND SERVICES

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STORY ALYSSA MACKAY PHOTOS JOHN PIRES PHOTOGRAPHY

orth Brisbane FC's first ever junior girls' team have capped off an undefeated regular season by winning the Football Queensland Metro U15 Division 1 Girls competition.

The team won seventeen games from as many matches with a 3-0 win against UQ FC in their grand final in October, making them the first Metro Division 1 girls' team to win every game in a season in this competition.

Coach Maurice Sorbello said the U15 Div 1 Girls team had "trained the house down" from the first week.

"We knew if we were to be honoured with this title, we would need to work very hard all season to also be remembered for attributes on the field as well," Maurice said. "The girls jumped at this challenge."

Despite being impacted by Covid late in the season, the team went on to win an all-important match.

"After this victory, the girls bonded like no other team I have been involved with," Maurice said. "The remainder of the season I could see they were doing the hard yards for each other. Regularly starting warm-ups without me, motivating each other, reminding each other why they were doing it. They didn't want to let each other down."

Maurice attributes their success to a fresh start at North Brisbane FC.

In 2019, he began coaching an U12 junior girls' team at a neighbouring club. He said they

developed into one of Brisbane's best junior female football teams and he wanted to find them a club with a focus on the ever-growing junior girl's game.

"Knowing the high percentage of girls that leave sports between the ages of 15 and 18 and as a passionate coach, it was critical that I found a club that recognised these stats and most importantly, a club that saw the community values in keeping female footballers active in the game for as long as they wanted to play," he said.

The team made the move to North Brisbane FC because of their strong female program and new junior pathways. Eight players moved over at the end of the 2021 season with seven new players joining early this year.

"Making the move to a new club made all the difference," Maurice said.

Marchant Ward Councillor and sponsor Fiona Hammond congratulated the team on their win.

"I am proud to support the team and I'm so proud to support these young ladies, who I hear, from the community, are true role models, on and off the field for younger players," Councillor Hammond said.

Football Queensland manager for statewide competitions, Sarah Dixon said the girls' achievements showed great potential for the future of female football in the Brisbane area.

"With the FIFA Women's World Cup at our doorstep, this demonstrates the momentum that female football is gaining within our country and as the biggest participation sport, only highlights how inclusive our game has become," Sarah said.



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The Beauty of a Bush Christmas

STORY ALYSSA MACKAY

his holiday season will see the bush come alive at the best Christmas party in the neighbour-wood!

Brisbane City Council's second annual Bush Christmas event will bring the Stafford Heights and Chermside West community together on Friday, 9 December at Downfall Creek Bushland Centre.

McDowall Ward Councillor Tracy Davis, who will host the free event alongside the team at the Bushland Centre, said people of all ages were invited to a fun, festive evening of music, Christmas activities and food among the rich, natural environment of the bush.

"We encourage you to leave the car at home and take a LED candlelit bushwalk through the reserve as you immerse yourself in a true bush Christmas in Brisbane," Councillor Davis said.

The festivities will kick off at 6pm with Councillor Davis running a free sausage sizzle.

To get the crowd into the Christmas spirit, a live band and carol singers will perform a repertoire of beloved songs like Silent Night and Deck the Halls.

The community will be able to wish the local fauna a merry Christmas at special wildlife displays to be held between 6pm and 7:30pm.

The event is also a great opportunity for guests to make the most of the natural beauty on offer at the Bushland Centre, with guided tours of some of the walking trails in the

Raven Street Reserve.

The Bushland Centre meeting room will be transformed into an arts and crafts space with 'make and meld' activities that will encourage the whole family to get creative.

As a special addition this year, kids will also be able to enjoy the new nature-play playground, Brush Turkey Place, located next to the Bushland Centre. The new play space opened in April.

"With a beautiful backdrop under the stars to set the scene this Christmas, this is just one of many things to see and do in Brisbane with your family for the summer school holidays," Councillor Dayis said.

Attendees are asked to bring their own torch, a picnic rug and mosquito repellent. Those wishing to participate in the bush walk are required to wear closed-in shoes.

For more information go to www.brisbane.qld.gov.au/whats-onand-events/event/a-bush-christmas-163072663

Bush Christmas Friday, 9 December, 6-8:30pm Downfall Creek Bushland Centre 815 Rode Road, Chermside West.

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Singing in the **Festive Season**

STORY PIPER ZUINO

ring the whole family along to pay Santa a visit and sing in the festive season at Aspley Hornets Christmas Carols on the Field.

The Aspley Hornets field will be turned into a Christmas Wonderland with free rides, face painting and jumping castles.

Aspley Hornets marketing manager Matt Teljega said there will be fun Christmas carols for the kids and classics for the parents.

"The whole family is invited, which means also bringing your fur friends along to enjoy our dog-friendly outside area.

"To top off the night the New Black Band will be performing all the Christmas hits. So sit

back, relax, and join along with the Christmas carols," he said.

Bring your own camp chairs and picnic blankets and set up on the lawn for a Christmas singalong to all your favourite Christmas hits.

"This year we will have an inflatable slide, merry-go-round, jumping castle, and face painting which is free for the kids to enjoy.

"We have gotten in contact with Santa and organised a surprise visit for the kids on his way through North Brisbane. This is a great chance for the kids to meet Santa, tell him what they want for Christmas and get a photo with the family," Matt said. "It is a great way to start the festive season."

For more information visit: www.facebook.com/ events/1157509878474472/?ref=newsfeed

Aspley Hornets Christmas Carols on the

Saturday 3 December, 5pm-9pm **Aspley Hornets Football Club** 50 Graham Rd, Carseldine QLD 4034.

Local Schools Recognised in Active School Travel **Awards**

STORY ALYSSA MACKAY

raigslea State School has received a major award for its first year participating in ▶ Brisbane City Council's Active School Travel (AST) program.

The school in Chermside West won School of the Year at the Lord Mayor's annual AST Awards in November.

Councillor for Marchant Ward, Fiona Hammond commended the school's efforts in promoting active travel.

"The AST School of the Year Award recognises the efforts of schools who joined the program in 2022," Cr Hammond said.

"These award winners all have increases in active travel, an effective and engaged committee, incredible events and rewards systems and show they can sustain the program."

The AST program promotes healthier travel options and aims to reduce congestion by encouraging people to walk, ride,



scoot, carpool and use public transport to get to school.

"Despite being located on a main road and near a major roundabout, Craigslea State School has increased their active travel rate from 30 per cent to an average 48 per cent on their active travel day," Cr Hammond said.

"Thanks to some incredibly popular initiatives like the Where's Wally Walk, Silly Sock Day, Bling Your Ride and Dawdling with Dads and Dogs, the school has gone above and beyond in promoting an active alternative to the school drop off with students and parents alike."

St Anthony's School at Kedron was also awarded for the greatest increase in active travel, more than tripling the number of children actively travelling to school on their weekly active travel day.



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WomenspaceRecipient of Kedron-**Wavell Community** Grant

STORY JULIA LEWIS

omenspace have been one of the recipients of the Kedron-Wavell **Community Grants which supports not**for-profit community-based organisations, who are making big differences in our community.

The grant will allow the delivery of "Your Story: Your Life", a program designed to empower, connect, mentor and support young women from local schools, including Sandgate, Aspley, Bracken Ridge and surrounds.

Ludmila Doneman, Chair of Womenspace, said the program was created to foster relationships of women within the community and will be delivered by a group of retired professionals who are keen to mentor young women.

"We will create and support intergenerational relationships

between older members of Womenspace and young women in years 10-12 of High School," Ludmila said. "Womenspace members are looking forward to being part of the project, many are retired teachers, social workers, business women, bookkeepers, and librarians."

The program will run from mid-March, 2023, until mid-September and will be held once a week, after school. Ludmila said the best support of the program right now is to spread the word.

"Right now, the best support is to spread the word about the project to schools and teachers who have contacts with students and their parents," Ludmila said.

"Help us to promote this positive interaction with peers, experienced workshop facilitators and senior women who have family and professional experiences and are ready to share these with young women, a connection that benefits everyone."

The new program follows through and builds on the current program 'Our Stories: Our Lives: Young Women and Community', which involves young women from local schools engaged in activities and conversations with Womenspace members. The students identify their interests and strengths, and then a film maker teaches and mentors them to create videos using mobile phone technology, including camera, lighting, sound, and storyboarding skills.

"As we did this year, the resulting videos could be submitted to the STUFFit International High School Film Competition," Ludmila said. "Our video "Backstage" was shortlisted and presented at the final screening. The emphasis throughout is the voices and the stories of young women."

An information session with the program facilitators will be held on Wednesday 14 December at 4pm. If you are interested in attending or to find out more information, contact Womenspace by emailing chair@womenspace. org.au, visiting www.womenspace.org.au or find them on Facebook: www.facebook.com/womenspaceAust



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GREENER PASTURES AT BURRINGBAR PARK HOCKEY FACILITY

STORY ALYSSA MACKAY PHOTO JOHN PIRES PHOTOGRAPHY

major overhaul of the main hockey field at the Brisbane North Hockey Centre is complete.

The project was undertaken by Brisbane Hockey Management Group (BHMG) at the Burringbar Park facility in Chermside and saw the replacement of the carpet and shock pad.

BHMG director Ian Harcla said the previous carpet was at the end of its useful life and needed to be replaced.

"The new carpet will be the third one installed on the field since its construction in 2001," lan said. "The underlying shock pad was also in need of replacement due to its age and the intrusion of tree roots from the trees on the eastern side of the field "

The cost of the project was approximately \$500,000 and was funded by BHMG and a \$175,000 grant from Brisbane City Council.

"The project will maintain Field 1 as a high quality hockey field for the Brisbane hockey community, in particular the northside hockey clubs, including Kedron Wavell Hockey," Ian said.

lan said the next priority would be updating and expanding its canteen and spectator viewing facilities to improve the services for players and supporters.

BHMG is a joint venture between the Brisbane Hockey Association (BHA), the Brisbane Women's Hockey Association Inc (BHWA) and Kedron

Wavell Services Hockey Club Inc (KWS) to manage the Brisbane North Hockey Centre. The group provides facilities for all Brisbane-based players as well as visiting regional and interstate teams.

The clubs will hold sign-on days early next year for players of all ages for the winter season.

"We have players over 75 years old and still playing," lan said. "Divisions range from juniors (ages 4 to 17), women's premier and metro leagues and masters, men's Brisbane hockey leagues and masters.

"The home club, Kedron Wavell Hockey has a large female side of the club but a declining male membership. Their objective is to increase the male membership, in particular, junior boys."

Kedron Wavell Hockey (Wolves) had a strong year in 2022, fielding teams in all junior girl's and women's divisions and eight men's divisions, with teams competing in 13 senior finals.

"A large number of players were selected in Brisbane, Queensland and Australian teams," lan said.

For more information go to www.brishockey.org.au



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Bringing the community together this Christmas Day

STORY JULIA LEWIS

or most of the community, Christmas is traditionally a time of family and celebration, but there are many who spend Christmas Day alone.

All Saints Anglican Church in Chermside is hosting a free Christmas Day lunch for those who might be spending the day alone. Fr Daniel Javarai, Rector of the church, said they welcome those who are lonely to attend the lunch, which has been generously donated by local businesses.

"We are extremely grateful to Coles Supermarket who generously donated all the food for the Christmas Day Lunch in 2021 and have volunteered to repeat that commitment again this year," Fr Daniel said. "We are also deeply grateful to both Rode Meats and Rode Fresh at Stafford, and to Oz Harvest and Second Bite for their generosity both at Christmas and throughout the year.

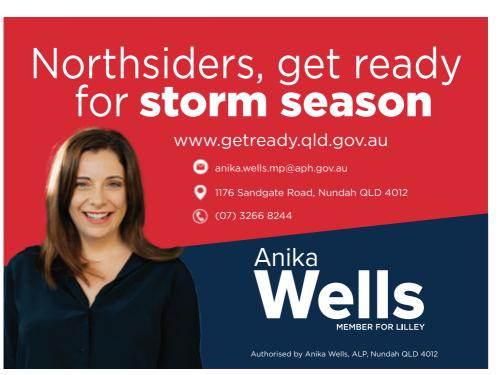
"Without the kindness and support of these businesses, we would not be able to extend the sustenance so desperately needed by so many in these difficult times."



This year the Christmas Day lunch will consist of a two-course traditional Christmas Roast, with baked ham, roast chicken and roast veggies, together with plum pudding & custard and pavlova, and will be served by a group of volunteers who will be sure to make you feel at home.

Free Christmas Day Lunch **All Saints Anglican Church** 501 Hamilton Road, Chermside **December 25 11.30 AM**

For catering purposes, please register your attendance, by phoning the Parish Office: 07 3359 2062 or email: office@ allsaintschermside.org.au Responses are needed by Monday 19th December If you are alone this Christmas, feel free to come along.





HISTORY CHERMSIDE



Edinburgh Castle Hotel 1929

Edinburgh Castle Hotel

STORY JULIA LEWIS

he original Edinburgh Castle Hotel was built in 1862 and was located on the corner of Gympie and Bald Hills Road, opposite Edinburgh Castle Road. The building, built and owned by William Orr, was managed by Mr Duncan and Mr Stewart, both Scotsman, who were among the first early settlers in the area.

William Orr remained the owner of the hotel until 1885, when a 42-year-old man by the name of Michael Goodwin would apply for and obtain the licence. Despite the suburb of Kedron being on the very outskirts of Brisbane, the hotel maintained popularity over the next few years however with the introduction of the tramline, and dwindling coach numbers, patron numbers declined, as had the maintenance of the building.

When Michael's Publican's Licence came up for renewal in 1888, it was denied on the grounds the hotel had deteriorated so much and was considered no longer suitable for the public.

At the meeting of the Licensing Board, the renewal was opposed on the grounds that "the premises having become dilapidated, were no longer fit to be licenced. After inspecting the plans of proposed improvements, the bench granted the application subject to completion of proper sanitary arrangements." These plans never went ahead and subsequently, the building was eventually abandoned as a public house.

To adapt to the changing times, Michael Goodwin then applied for the license of a new hotel to be built on the corner of Gympie and Edinburgh Castle Roads. He put an advertisement in the Brisbane Courier seeking tenders for the project, which was to be constructed under the architectural design of John Hall & Sons. Approval was granted, the plans went ahead and by 1892, construction was complete. This new hotel still stands there today.

The original hotel that William Orr and his family built, was eventually reopened and given the name, Bonny View, an ode to the strong Scottish heritage in the area.

Photo with thanks: Lost Brisbane



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The Always Sunny **Podcast**

PODCAST REVIEW NICK ALLFORD

ant to know how to create a successful TV series? Well, you should listen to 3 best mates. Rob, Charlie and Glen, Creators of one of my favourite shows, It's Always Sunny In Philadelphia, have now created one of my favourite podcasts (about said show).

So why haven't I written about it sooner? Well, I wasn't sure if anyone would be familiar with the show that they spend most of the podcast talking about but now that Rob McElhenney has achieved more notoriety as Ryan Reynolds' mate in the Disney Plus series Welcome to Wrexham, I think it might be time to share why I love this podcast so much.

Briefly, the long-running tv show (15 seasons and counting) is centered around 3 mates who are generally horrible but hilarious. In the podcast they break down each episode throwing some great anecdotes and guests into the mix, often going on hilarious tangents, to the point where they may not even discuss the episode at all. Moderated by Meg, a writer of the show who possesses the patience of a saint, she attempts the almost impossible task of keeping the lads on track. You can also select the option to watch the recording instead of just listening to it.

So listen/watch it now, wherever you get your podcasts

WHAT'S HOT AROUND TOWN

NYE SPECIAL

STORY PIPER ZUINO

GEEBUNG RSL NEW YEAR'S EVE

his year the Geebung RSL is celebrating New Year's Eve in style with a Roaring 20's Swing to Bling-themed arrival of 2023.

Geebung RSL Chief Executive Officer Greg Hurley said quests should dress in either 1920s or 2020s attire and will be treated with a complimentary glass of bubbles on arrival and a spectacular three-course meal.

"Guests will be entertained by Swizzle Trio performing a wide range of music from the classics, rock'n'roll through to current day hits along with a mix of fun and humour." "Guests will see the New Year in with more fun, music & dancing into the early hours of 2023," he said.

Bookings are essential and can be made via the Club Reception or by calling 3265 3711. Tickets are \$75 for members and \$85 for non-members, for more information visit: www.geebungrsl. com au/whats-on/

ASPLEY HORNETS NEW YEAR'S EVE EVENT

spley Hornets will be celebrating New Year's Eve with a Brazilian-inspired Carnaval event for the whole family to celebrate the incoming year.

From 4pm there will be free rides, balloon animals, face painting, a DJ, and a Brazilian Jazz Trio band that will be providing music to bring in the new year.

Aspley Hornets Marketing Manager Matt Teljega said there will be plenty of food from local food trucks as well as a Brazilian-inspired menu with options for everyone to enjoy.

"The club will also be providing an inside event to capitalise on the Carnaval theme. There will be awards for the best-dressed member and awards for our team to ensure everyone is ready for a great closure to 2022. We would just like to extend this invitation to our surrounding community. If you are looking for a safe, affordable, and fun place to bring in the new year, then come down to the Hornets to join in the celebrations," he said.

This event will run from 4pm till late with fireworks at 9pm. Bookings to dine in the Bistro are essential with a \$20 deposit required. For more information about the Aspley Hornets New Year's Eve Carnaval event visit: www.aspleyhornets.com.au/ specialevents/

CANDY'S NEW YEAR'S EVE DAZZLING DISCO

edron-Wavell is putting on a show for New Year's Eve this year. Dance your way into 202 with Candy's Dazzling Disco.

This event will have audiences entertained all night long with a show full of games and laughter. Remember to bring your appetite for cocktails to make the most out of the last day of 2022.

Candy's New Years' Eve Dazzling Disco is held at Kedron-Wavell Services Club on Saturday 31 December from 8:30pm.

Tickets are \$35 for General Admission and \$45 for Diva Admission (includes a cocktail on arrival) and can be purchased via: kedron-wavell.com.au/event/candys-new-years-eve-dazzlingdisco/

NYE ON THE RIVER 2022

or those looking to venture a little further out of town, Riverlife Brisbane is putting on its annual Fireworks Display.

For those looking to venture a little further out of town, Riverlife Brisbane is putting on its annual Fireworks Display.

For the best viewing experience, Riverlife will put on a NYE. celebration event at South Bank with live entertainment, delicious food and sensational city views.

This is a great event to bring a picnic rug, snag a place on the grass and spend the last day of 2022 surrounded by friends and family.

For those with kids, or those wanting an early night, Riverlife will put on a firework display at 8:30pm so no one misses out on the celebrations of the end of 2022.

Head into Brisbane City, to the shores of Southbank or the cliffs of Kangaroo Point to catch the best view for the midnight fireworks.



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Women **Supporting** Women

STORY PIPER ZUINO PHOTOS JOHN PIRES **PHOTOGRAPHY**

he Inner Wheel is one of the largest women's service organisations in the world, allowing women to come together in friendship, personal service and to promote international understanding.

In the lead-up to Christmas, North Brisbane Inner Wheel will be visible at many events and calls for young women looking for guidance to come along and learn more about this organisation.

Brisbane North Inner Wheel member Robyn Bell said each year a district chooses a different project to donate money to, this year they are supporting Drought Angels.

"In the past, we have donated to Foodbank Queensland, Streetlight Mates for Mates Rotary Wheelchairs, Somerset Hills State School, Autism Queensland and Ukraine appeal."

"The International theme till 2024 is stronger women, stronger world to promote health, education, opportunity and empowerment of women and girls," Robyn said.

Under this theme, the North Brisbane Inner Wheel has been working to educate young women about the importance of service to one another and their community.

There are a number of community events coming up for women to get involved in.

"Christmas is coming up and we have been invited by Aspley rotary and Aspley Hornets AFL Club to have a craft stall at their Christmas Carols event on 3rd December from 5pm to 7pm."

"Our International Inner Wheel Day is coming up on January 10. We are celebrating with lunch at the Moreton Bay Boat Club," she said.

For those interested in getting involved in the North Brisbane Inner Wheel there are 4 district meetings per year with a variety of guest speakers.

"At each meeting, there is a friendship dinner on the first night. The next day the district committee meets first, followed by the general meeting. A more formal dinner is held in the evenina."

Robyn's club meets on the 2nd Wednesday of each month for a meeting and dinner from February through to November at Aspley Hornets Football Club.

For anyone interested in coming along please email liw.au.brisbanenorth@gmail.com or for more information visit the Inner Wheel website www.innerwheelaustralia.org.au.

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HE BIG ONE CROSSWORD

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ACROSS

1 Single payout (4,3) 5 Invisible eyewear (7,4)

11 Wrath 12 Grinned

13 Unwind

14 A scene of the past

15 Candy

17 Poppy juice

18 Sandshoe

20 Mexican money

23 Wooer

25 Bongo, conga, eg 27 Spoof

30 Muddle 32 Asian

33 Drive taken in a stolen

car (3-4) 34 Bet

35 Invalid's prop

37 Pats

39 Select 41 Grab by the neck

44 Outside

46 Near thing (5,4)

48 Ingested

49 Crazy 50 Due

51 Ping-pong (5,6)

52 No longer in force

DOWN

1 Jumps over, as in a child's game

2 Philanthropy

3 Cereal grass 4 Accident

5 White meat

7 Of sound

8 Marine reptile 9 Obscuring celestial tevent

10 Jazz instrument

16 Between hot and cold 18 Foam

19 Apiece 21 Reproduced 22 Locks

6 Nuclear device (coll)

34 Particle of protons, etc 36 Accentuate

32 Portable shelter

24 Neglect

28 Cut up

29 Argument

31 Permeate

33 Verdict

26 Hot water vessel

38 Washroom fixture

40 Core group

41 Farewells (4,3)

42 Son of a king or queen 43 Searched

45 Stroll

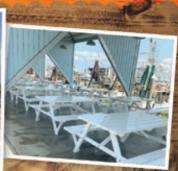
47 Dance; Pride of

Solution: Page 29

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Bird O Passage Parade, Scarborough



Welcoming the Year of the Rabbit

STORY ALYSSA MACKAY

ore than 1.5 billion people around the world celebrate Lunar New Year, a cultural holiday with traditions that date back thousands of years.

In 2023, Chinese New Year's Day falls on Sunday, 22 January, when we will bid farewell to the Year of the Tiger and welcome the Year of the Rabbit.

In Chinese lore, those born in the Year of the Rabbit are considered to have a kind, quiet personality. They often make great scholars and are quite social.

The dates of Lunar New Year, or the Spring Festival, change every year depending on the lunar calendar, with the first day of the Chinese New Year beginning on the new moon.

Preparations for Lunar New Year are known as Little Year, which will begin on 14 January in 2023. This is a time for cleaning the house and shopping before New Year's Eve on 21 January – a date for decorating the home with red lanterns, enjoying a reunion dinner with family and giving red envelopes with money to kids.

It is an important custom to light firecrackers and fireworks on Chinese New Year to chase

away evil spirits. Lion and dragon dancers also parade the streets to bring good luck and prosperity.

The Spring Festival will culminate with the Lantern Festival (and full moon) on 5 February, 2023. This traditional festival involves lighting colourful lanterns, eating sweet rice balls, more lion and dragon dances and fireworks.

The celebrations are a great opportunity to learn about Chinese and Southeastern and Eastern Asian cultures.

For families looking for a place close to home to welcome the Year of the Rabbit, Kedron-Wavell will be celebrating various activities over Lunar New Year.

General manager Kedron-Wavell Ltd, Vjorn Bradow said Lunar New Year was an important holiday for many members and guests.

"Families and friends come together to celebrate this significant occasion and each year, Kedron-Wavell welcomes being part of the festivities," Vjorn said. "We will have Lion dancers performing throughout the venue from 6pm on 20 and 21 January along with dinner specials in our Asian cuisine restaurant, Red Delta."

Gong Hei Fat Choy! Lunar New Year at Kedron-Wavell Saturday, 21 and Sunday, 22 January Kedron-Wavell 21 Kittyhawk Drive, Chermside.

(hristmas GIFT IDEAS









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Wishing you a safe and happy Christmas





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THIS CHRISTMAS...LET THERE BE PAINT!





Festive Green Salad with Dijon and Honey Dressing

INGREDIENTS

1 head of romaine (cos)

1 bunch of asparagus 5 snow peas

1/3 cup frozen peas

3 Brussel sprouts

DRESSING

1 tablespoon Dijon mustard 2 tablespoons extra-virgin olive oil

handful string beans 1 baby cucumber 1/2 block of Greek feta (or goats cheese) lemon wedges small handful of slivered almonds

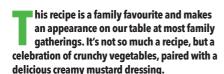
1 tablespoon honey 2 tablespoons apple cider vinegar (or lemon juice) Salt and pepper

The first thing you need to do is blanch your vegetables. To do this, have your water boiling, then add your vegetables one variety at a time, scooping them out when they have finished cooking. Each of these vegetables will generally take only 1 minute to cook, but if you aren't sure, watch for them to turn a vibrant shade of green then you know they are ready. I always rinse them under cold water to stop them from overcooking and going soggy.

You only need to blanch the Brussel sprouts (leave whole to blanch, then cut in halves or quarters to serve), string beans, frozen peas, and the asparagus (just make sure you snap off the woody end of the spear before blanching). The rest of the vegetables can be served raw.

To make the dressing, whisk everything together (or shake in a jar) until it turns a gorgeous creamy colour.

Dress your vegetables with the honey mustard dressing, sprinkle with feta and almonds and serve with lemon wedges. Serve immediately.



It's packed full of goodness, celebrates vegetables like you wouldn't believe, and will send your mouth into an excited overdrive with all the different textures, crunches, and flavours. The best thing about this salad is that you can use whatever vegetables are cheap at the time and if you don't like something, then simply leave it out (brussel sprout haters, I'm looking

at you). The point of this salad is, it's versatile, it's delicious and it will combat all of those festive pavlovas, Christmas cakes and flutes of champagne.

With the cost of vegetables well and truly on the rise, it's vital to seek out affordable produce.

Why not head to the Carseldine Farmer's Market which is on each Saturday from 6am til 12pm. Or if you'd like to venture a little further afield, head up to the Peninsula for the Redcliffe Markets from 8am each Sunday or out to Manly for the Manly Creative Market each Sunday from 8am.



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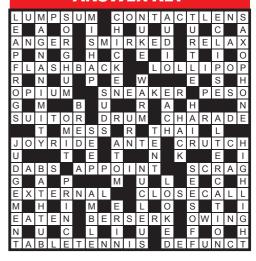
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A WORD FROM OUR REPRESENTATIVES

BART MELLISH MP

t's fast approaching Christmas, which is not only an exciting prospect, but also invites us to reflect upon how busy this year has been!

On a local level, it was inspiring to see the hard work and compassionate members of our community invested into helping those who were impacted by the floods and Covid.

A big thank you to all of those who helped in any

way. At a State level, I loved being part of some incredible initiatives by our State Government. Where do I begin?

We installed 2268 new solar panels across Aspley schools as part of our plan for cooler and greener Schools. As part of our Energy and Jobs Plan, we announced our aim to increase Queensland's

renewable energy to 70% by 2032. This year we also saw many school building projects get underway, including significant upgrades at Geebung and Aspley Special Schools. We introduced a Cost-of-Living Rebate scheme, providing Queenslanders with \$175 to help reduce your power bills.

Our Government has committed to a \$300 million expansion for the Prince Charles Hospital to deliver around 93 new hospital beds, which is part of the \$9.8 billion grant to expand the capacity of Queensland's healthcare system; Queensland's biggest hospital building program in history.

Also, Brisbane's Northside will in coming years be home to one of the world's best cancer treatment centres, the Queensland Cancer Centre, which promises to offer the full spectrum of cancer services and thousands of jobs.

These are just a few initiatives kick-started this year, and I cannot wait to see what we do for Queensland in the New Year! But for now, take care, look after each other, and feel free to swing by my office for a chat (and a candy cane)!

ANIKA WELLS MP

illey residents elected me to fight for our local community. As your Member for Lilley, I am pleased to see a number of local commitments funded in this year's Budget including:

A community battery on the Northside delivering a \$3 million Clubhouse

for Brisbane Netball Association at Chermside; Virginia United Football Club to receive \$500,000 to expand and upgrade flood-damaged field lighting; Toombul Cricket Club to receive \$1.3 million to upgrade field lighting; a new

Medicare Urgent Care Clinic for the Northside; funding to rehabilitate the Ramsar-listed Dowse Lagoon in Sandgate; funding for the re-naturalisation of Downfall Creek at Chermside West, returning the watercourse to its natural state; Gurudwara Singh Sabha Sikh Temple Taigum to receive \$85,759 to upgrade the temple entrance; Craigslea State High School to receive \$100,000 to upgrade musical equipment after flood damage to the music room in February; Taigum State School to receive \$150,000 for a new playground; Brighton State School to receive \$150,000 for a new playground.

The Budget is responsible, solid and it's suited to the times we are in. Most importantly – this Budget begins to build a better future.

CR FIONA HAMMOND

is the season to be jolly and the countdown to Christmas has begun!

As the weather starts warming up, we enter the month of

up, we enter the month of celebrations. Every year my team and I hold seniors' Christmas parties at our local nursing homes and retirement

villages to lift spirits and spread joy. This is one of my favourite times of the year, spending time with our wise residents and listening to their life stories.

Works in our local parks and footpaths are progressing well. The toilets at Frederick Annand Park are under construction, a much-needed community asset for the area. Footpath improvements are looking great in Gordon Park, Chermside, Chermside West and Lutwyche. Please let me know if you have any concerns in your street and don't forget to report potholes in your area for our service team to attend to on 3403 8888 (24-hour Council Contact Centre).

Over the Christmas period my office will be closed from the 21st of December, however, emails will be monitored until the 23rd of December 2022, and will re-open from the 9th of January 2023, with emails being monitored from the 4th of January 2023.

If you have any concerns or urgent issues over the break, please call the 24-hour Council Contact Centre on 3403 8888. If you have any Council issues you would like to discuss with me, please don't hesitate to call my office on 3407 0707 or email marchant.ward@bcc.qld.qov.au

30 CHERMSIDE GUIDE

NEWS BITES

Christmas Twilight Markets

On 3 December, get jingly with it at Nundah Christmas Twilight Market! Mix and a-mingle with gourmet eats and sweets and stuff those stockings with the curated range of bespoke makers. There is a North Pole bespoke pop up bar and you can rock the night away with festive entertainment and live music. For the kids there will be plenty of activities plus photos with Santa.

3 December 4pm-10pm Station St, Nundah \$2 entry Parking is free

FRIENDSmas Trivia

Head to The Sporting Globe Bar and Grill for a fun filled night of trivia. The questions are all based on the hit TV series Friends so grab a group of your besties, dinner and maybe a Friends-themed cocktail and make a night of it.

6 December 7pm-9pm The Sporting Globe Bar & Grill Gympie Road, Chermside For tickets: www.eventbrite.com.au/e/friendsmastrivia-chermside-tickets-462037716247

Street Art

Create a vibrant painting that will look like a professional! Using stencils and guided techniques, a qualified teacher will help you create your masterpiece. All supplies are provided. This is a gold'n'kids event and is suitable for seniors and children 6-12 years.

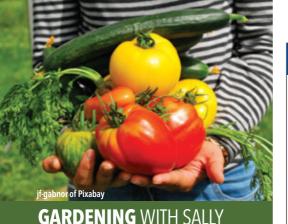
For bookings phone Burnie Brae on 07 36242110

Miracle on 34th Street

The Chermside Library is holding a festive literary and movie event on Tuesday 13 December. You will hear fascinating details about the author and the movie Miracle on 34th Street. Then sit back and watch this 1947 black and white classic.

13 December 1pm to 4pm Chermside Library This is a free event but bookings are required. Contact the Library on 07 3403 7200 to reserve your place.





Organic Gardening in December

WITH SALLY EBERHARDT

hristmas time in the garden is hot, hot, hot! Now is the time to enjoy our gardens and relax, while keeping up pleasant chores like watering. Water in the early morning to cool down your environment, be water efficient and prevent plants from scalding.



Keep up appearances by lightly trimming foliage shrubs and controlling weeds. Mulching, weed burners and non-toxic sprays are all less labour intensive than pulling healthy weeds.

The definition of a weed is 'a plant in the wrong place'. Dandelions are considered a weed by some but a beneficial herb by others. White clover may be considered a lawn weed but bees feast on its flowers. Decide for yourself what is a weed and what isn't ... and when.

Ensure your plants are robust so they can resist the diseases, fungi and insects that increase in the heat and humidity.

Many organic gardeners give their vegetable beds a rest over the hottest months by mulching heavily or growing a green manure crop to replenish the soil. Legumes such as peas, beans and lupins are great for adding nitrogen naturally.

What to plant now – cherry tomatoes, capsicum, eggplant, chillies, sweetcorn, snake beans, radish, cucurbits, okra, rosella, sweet potato.

BRAD'S BUSINESS TIPS

Price Increases, who has the biggest problem?

WITH BRAD FLYNN

verything is going up these days, interest rates, fuel prices, food & drinks to name a few. But have you put your prices up recently?

If you haven't increased prices, it means your profit will take a hit.

Ironically, the person with the biggest fear of increasing the prices, is you, the business owner!

Their biggest fear is the loss of customers and thus revenue.

But here is the thing.

The customers with the biggest problem will be your pain in the neck customers, who complain about anything you do anyway.

When (and if) they leave you are freeing them up for their future with your competitors to have to deal with. Not to mention they were probably not very profitable anyway.

This leaves you more time to focus on your top clients who value what you provide and to find more of them.

In fact, your good customers will probably say, "you should have done this ages ago, we always thought you were under-pricing yourself."

People are expecting prices to go up now, so my recommendation is a minimum of 5% and up to 10% and you should be fine, with less painful customers as a bonus :-)

For more information visit www.businessmentored.com

32 CHERMSIDE GUIDE DECEMBER 2022



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A LITTLE SLICE **OF ITALY IN OUR OWN BACKYARD**

lucky group of Year five and six students studying Italian at Mango Hill State Primary School have had the unique opportunity to spend an entire day immersed in the Italian language and culture.

The Italian immersion days, designed by the Italian Language Centre (ILC), are an opportunity for students to have an authentic Italian cultural experience with native-speaking teachers and to engage in a variety of activities to help consolidate their vocabulary.

ILC's language program liaison officer, Giovanna Amatruda, said she found the use of art to be an important component in language teaching.

"Inspired by Fruit Faces painted by the Italian artist Giuseppe Arcimboldo, as well as by Massimo Fenati, a living Italian artist famous for his 'foodles', students furthered their knowledge of Italian nouns and adjectives," Giovanna said.

"They were prompted to describe some of the artworks presented in class and to explain what they liked about them. They were also given the opportunity to create their own artwork using the collage technique."

The students were also given the history of the Tarantella - a style of Italian Folk dance and musical traditions - and then got the opportunity to get up and dance. The boys and girls also played games, such as bingo and danced to the 'Fruit Macarena' which was a great success.

Connie Lammertsma, the Italian teacher at Mango Hill State School, said ILC's initiative represented an opportunity to be immersed in Italy's culture and language with native Italian speakers.

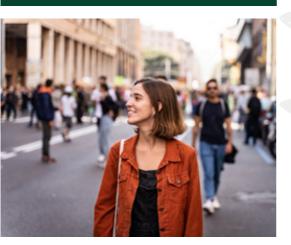
"As a teacher, I have the opportunity to share the Italian language with my students and also have the chance to have more than just one lesson. Immersion Days are a fantastic chance for students to learn the language. Italian culture is around us on billboards, in products we see in shops, art and fashion, and everywhere."

Teachers interested in booking an Italian Immersion Day either at their school or at the Italian Language Centre in Lutwyche can send an email to: marziam@ italianlanguagecentre.org



LEARN ITALIAN FROM BEGINNER TO ADVANCED

Face to Face Adult Classes



- · Italian Classes for Adults
- After School Italian
- Summer School for Adults
- Summer Fun for Kids
- · Canzoni a Tema
- Book Club
- Movie-Clip Club
- Private Lessons
- Corporate Training
- Italian Playgroup
- Immersion Days for Schools

The ILC strongly supports Italian programs in primary & secondary schools in Qld made possible through funding from the Italian Ministry of Foreign Affairs via the Italian Embassy in Canberra and the Italian Consulate in Brisbane.

ENROL ONLINE



3624 6100

473 Lutwyche Road
Lutwyche 4030
enquiries@italianlanguagecentre.org

Local DINING GUIDE



18 Corrie Street, Chermside Cafe 0406 200 019

DARK TONIC

Feature:

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- * High teas \$30 pp
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323 Newman Rd, Geebung Restaurant/Club

Ph 3265 3711

GEEBUNG RSL

Feature: Enjoy a delicious meal from our a la carte menu featuring good old favourites or try one of our Chef's Daily Specials. \$15 Member lunch specials are now available Monday, Tuesday and Wednesday. Not a member? Join now for \$5 for life.

Book online at www.geebungrsl.com.au or phone 3265 3711





21 Kittyhawk Dr, Chermside Asian Cuisine

Ph 3359 9122

RED DELTA

Feature: Skip the plane ticket and take your tastebuds on an adventure at Red Delta, the ultimate destination to enjoy authentic Asian cuisine on the northside! Drop in and try our delicious dumplings, mouth-watering noodles and rice dishes.

Open Wednesday through Sunday from midday.





21 Kittyhawk Dr, Chermside Casual Dining

Ph 3359 9122

THE KITCHEN

Feature: Come in to relax and enjoy dining on our gorgeous al fresco deck! Conveniently located inside Kedron-Wavell in Chermside, pop in for a cuppa, a sweet treat, or something from our all-day dining menu.

Open 7 days a week from 10am



DECEMBER What's On.

Geebung RSL 7pm

DAVE RITTER BAND LIVE @ THE LOUNGE

Kedron-Wavell 8pm

J DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

O1 THURSDAY

O4 SUNDAY

TARAFF DE

Geebung RSL 7:30pm

JALLAN CAMERON @ BRAVO BREWHOUSE Kedron-Wavell 3pm

TROSE POWELL

Geebung RSL 5pm

O2 FRIDAY

06 TUESDAY

CANDICE LONG @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

TROB STEVENSON

Geebung RSL 10:30am

DONNELLE BROOKS

Aspley Hornets 6:30pm

07 WEDNESDAY

DONNELLE BROOKS

Aspley Hornets 6:30pm

DAVE GRAY

Geebung RSL 7pm

KEDRON WAVELL'S MIDDAY MELODIES

Kedron-Wavell 11am

Kedron-Wavell 9pm

■ BLACK N RED LIVE @ THE LOUNGE

DJ BITZA IN THE BREWHOUSE Kedron-Wavell 9pm

O8 THURSDAY

O3 SATURDAY

MICHAEL GANT

Geebung RSL 7:30pm

O9 FRIDAY

★ ASPLEY HORNETS CHRISTMAS CAROLS

Aspley Hornets Football Club 5pm AL GIBSON @ THE BRAVO BREWHOUSE

Jarcy @ Bravo Brewhouse

Kedron-Wavell 6pm

JFAT CHANCE

Aspley Hornets 6:30pm

Kedron-Wavell 6pm

BUSH CHRISTMAS

Downfall Creek Bushland Centre 6pm

JFAT CHANCE

Aspley Hornets 6:30pm

TOM ROBERTS

Aspley Hornets 6:30pm

DARREN J RAY

TOM ROBERTS

Aspley Hornets 6:30pm

JDARRIN LEIGH

Geebung RSL 7pm

IT STEVENSON STTRIO LIVE @ THE LOUNGE

Kedron-Wavell 9pm

J DJ BITZA IN THE BREWHOUSE

Kedron-Wavell 9pm

10 SATURDAY

THAYDEN JOHN @ BRAVO BREWHOUSE

Bravo Brewhouse 6pm



SIMONE CUTTING

Geebung RSL 7pm

SILK LIVE @ THE LOUNGE

Kedron-Wavell 8pm

T CHRISTMAS IN CANDYLAND

Kedron-Wavell 8:30pm - 11pm This isn't your ordinary Christmas wonderland, it's CANDYLAND! For our last Balls Out Bingo of the year, be sure to come dressed in your most fabulous Christmas attire. 18+ only show. Coarse language advised. Not your nanna's bingo!

J DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

11 SUNDAY

TROB STEVENSON

Geebung RSL 1pm

JUIC KENA @ BRAVO BREWHOUSE

Bravo Brewhouse 3pm

MIKE WHITMORE

Geebung RSL 5pm

12 MONDAY

A BACK TO THE TIVOLI CHRISTMAS

Kedron-Wavell 11am - 12pm Head 'Back to the Tivoli' on Monday the 12th of December. Witness some of Australia's leading cabaret artists deliver a Christmas Spectacular show! Hosted by crowd favourite, Jenifer Green, December's show is bound to keep you!

14 WEDNESDAY

KEDRON WAVELL'S MIDDAY MELODIES

Kedron-Wavell 11am

15 THURSDAY

GALA VARIETY DAY

Geebung RSL 10:30am

MARCO

Geebung RSL 7:30pm

16 FRIDAY

JASON TOWERS @ THE BRAVO BREWHOUSE

Kedron-Wavell 6pm

38 CHERMSIDE GUIDE DECEMBER 2022

□ BRETT WHITMORE

Aspley Hornets 6:30pm

■ BRETT WHITMORE

Aspley Hornets 6:30pm

CHRIS DOYLE

Geebung RSL 7pm

JDJ BITZA IN THE BREWHOUSE

Kedron-Wavell 9pm

□ RIKASHAYTRIO LIVE @ THE LOUNGE

Kedron-Wavell 9pm

17 SATURDAY

SARAH ALICE @ BRAVO BREWHOUSE

Kedron-Wavell 6pm



■ PETE CULLEN

Aspley Hornets 6:30pm

IPETE CULLEN

Aspley Hornets 6:30pm

JDAVID J

Geebung RSL 7pm

INORA SAHAKTRIO LIVE @ THE LOUNGE

Kedron-Wavell 8pm

J DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

18 SUNDAY

AMBER WORTHINGTON @ BRAVO BREWHOUSE

Kedron-Wavell 3pm



ROB ROSENLUND Geebung RSL 5pm

22 THURSDAY

JALLAN CAMERON

Geebung RSL 7:30pm

23 Friday

TYRONE NOONAN @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

JPEKO

Aspley Hornets 6:30pm

JPEKO

Aspley Hornets 6:30pm

J DAVE CLAYTON

Geebung RSL 7pm

J DJ BITZA IN THE BREWHOUSE

Kedron-Wavell 9pm

JANTHEMS TRIO LIVE @ THE LOUNGE

Kedron-Wavell 9pm

24 SATURDAY

30 FRIDAY

ISTEVE TANNOCK @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

IJTOM ROBERTS

Aspley Hornets 6:30pm

IJTOM ROBERTS

Aspley Hornets 6:30pm

IROB STEVENSON

Geebung RSL 7pm

ITHE NATURALS TRIO LIVE @ THE LOUNGE

Kedron-Wavell 8pm

J DJ LUKE IN BRAVO BREWHOUSE

Kedron-Wavell 9pm



25 SUNDAY

T CHRISTMAS SEAFOOD BUFFET

Kedron-Wavell 11am - 3pm

Create special memories this Christmas Day at Kedron-Wavell. Enjoy a lavish seafood buffet with all your favourite Christmas dishes. Plus a special appearance from Santa, gift for under 12s, entertainment and more.

***** FREE CHRISTMAS DAY LUNCH

All Saints Anglican Church 11:30am

29 THURSDAY

TREVOR WHITE

Geebung RSL 7:30pm

■ T RYAN HURRICANE @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

CRYSS COLEMAN

Aspley Hornets 6:30pm

CRYSS COLEMAN

Aspley Hornets 6:30pm

ICRAIG SHAW

Geebung RSL 7pm

SILK LIVE @ THE LOUNGE

Kedron-Wavell 9pm

STEVENSON STTRIO LIVE @ THE LOUNGE

Kedron-Wavell 9pm

J DJ BITZA IN THE BREWHOUSE

Kedron-Wavell 9pm

31 SATURDAY

★ ASPLEY HORNETS NEW YEAR'S EVE EVENT

Aspley Hornets 4pm

MURRAY LLOYD @ BRAVO BREWHOUSE

Kedron-Wavell 6pm

SWIZZLE

Geebung RSL 8pm

★ GEEBUNG RSL NEW YEAR'S EVE

Geebung RSL 8pm

CANDY'S NEW YEAR'S EVE DISCO

Kedron-Wavell Services Club 8:30pm

CANDY'S NYE DAZZLING DISCO

Kedron-Wavell 8:30pm

★ NYE ON THE RIVER 2022

Brisbane City 8:30pm

J DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

40 CHERMSIDE GUIDE

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PUSS IN BOOTS: THE LAST WISH

Puss in Boots discovers that his passion for adventure has taken its toll: he has burned through eight of his nine lives. Puss sets out on an epic journey to find the

mythical Last Wish and restore his nine lives.

Main Cast: Antonio Banderas, Salma Hayek,

Harvey Guillen

Genre: Animation / Adventure **Release Date:** 10 Dec 2022

Rating: CTC



LYLE, LYLE, CROCODILE

Feature film based on the children's book about a crocodile that lives in New York City.

Main Cast: Ralph Fiennes, Anya Taylor-Joy,

Nicholas Hoult

Genre: Comedy / Horror Release Date: 26 Dec 2022

Rating: CTC



AVATAR: THE WAY OF WATER

Jake Sully lives with his newfound family formed on the planet of Pandora. Once a familiar threat returns to finish what was previously started, Jake

must work with Neytiri and the army of the Na'vi race to protect their planet

Main Cast: Zoe Saldana, Sigourney Weaver,

Sam Worthington

Genre: Adventure / Fantasy Release Date: 15 Dec 2022

Rating: M



I WANNA DANCE WITH SOMEBODY

The joyous, emotional, heartbreaking celebration of the life and music of Whitney Houston, one of the greatest female R&B pop vocalists of all

time. Tracking her journey from obscurity to musical superstardom.

Main Cast: Stanley Tucci, Naomi Ackie,

Tamara Tunie

Genre: Biography / Drama **Release Date:** 26 Dec 2022

Rating: CTC

December Releases

I Heard The Bells Little Eggs: African Rescue Violent Night Seriously Red Neil Young: Harvest Time 1st



THE GOOD NURSE

HOW MUCH DO YOU TRUST A NURSE?

imagine most of you would say 'a lot', otherwise you'd probably just rub some dirt on it and pop a Panadol. Well, what happens when one of our hardworking helpers decides they're going to start ending the lives of their patients instead of saving them.

Tragically, that's the true story which 'The Good Nurse' is based on. I won't really delve into the plot too much as it's pretty simple and I don't want to spoil your enjoyment if you're not familiar with what took place. The film is carried by the two leads - Eddie Redmayne and Jessica Chastain. Chastain, holds your attention by relying on her face to do the talking rather than ham-fisted exposition. She is the heart of the film, playing a mother of two attempting to juggle her career, her kids and her health, making

it easy to feel for her and what she's going through.

Redmayne is almost unrecognisable, transforming his voice and mannerisms, wholly believable throughout. With an outstanding body of work under his belt (he's more than just a collector of Fantastic Beasts), this performance has to be up there with one of his best. Not because of any rousing speeches or spectacular monologues, nope, just a good actor knowing when to hold his punches and when to land a knockout blow.

Where this film excels is the way it slowly unravels, dropping hints at a more sinister plot, demanding you keep paying attention to find out why the patients are dropping like flies. It's worth noting that the sound in this film is exceptional, using understated soundscapes and atmospheric music to capture the mood and help build tension. And man, this film is tense, refreshingly making it tricky to work out how a character will behave from one scene to the next.

Fundamentally it's an interesting look at how you can slowly peel away the façade that someone has created for themselves to reveal the festering wound of their true intentions. Although probably not one to watch if you already have a fear of hospitals.

42 CHERMSIDE GUIDE DECEMBER 2022





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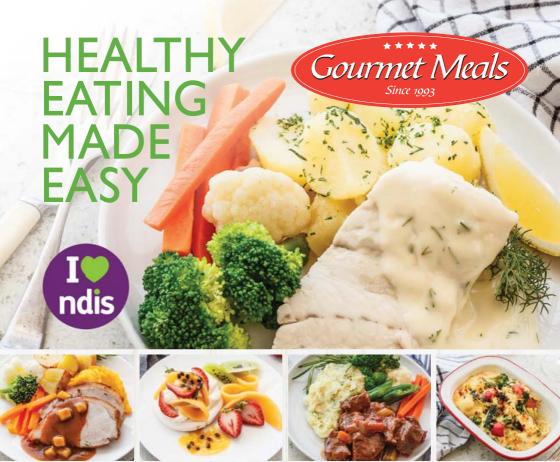
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